

# The Daily Office *and* The Holy Eucharist

*according to*

THE BOOK OF COMMON PRAYER 1979  
and The Hymnal, 1982

*and the use of*

The Chapel of St. Mary the Virgin

**ORDINARY TIME**

**Rite II**



**Nashotah House  
Theological Seminary**

# THE ANGELUS

*The Angelus is a devotion that was traditionally prayed three times daily to commemorate the mystery of the Incarnation, using the words of the Angel Gabriel's annunciation to Mary from St. Luke's Gospel, and words from the Prologue to St. John's Gospel.*

*At Nashotah House, the Angelus is rung at 7:45 AM and 4:30 PM, before each morning and evening Office, and, when classes are in session, at 12:30 pm before lunch, to conclude the second class session. Whether or not one prays this text, all students are to stand respectfully and engage in silent prayer, using this text or another one that is appropriate.*

*The bell tolls three times to begin each of the first three versicles and responses; the bell then tolls nine times (18, because the bell tolls twice with each pull) during the final collect.*

- V. [ring] The angel of the Lord announced unto Mary,  
R. [ring] And she conceived by the Holy Ghost.  
[ring] Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.
- V. [ring] Behold the handmaid of the Lord.  
R. [ring] Be it unto me according to thy Word. Repeat "Hail Mary".
- V. [ring] And the Word was made flesh.  
R. [ring] And dwelt amongst us. Repeat "Hail Mary".
- V. Pray for us, O Holy Mother of God.  
R. That we may be made worthy of the promises of Christ.

Let us pray: [ring 9x]

We beseech thee, O Lord, pour thy grace into our hearts, that we who have known the incarnation of thy Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and ✠ passion be brought unto the glory of His resurrection; through the same Christ our Lord. Amen.



# MORNING PRAYER (M-W, F-Sat)

Items in red are used only on Sundays or Major Feasts

Page numbers refer to the Book of Common Prayer, 1979

*The liturgy begins with the ringing of the Angelus (inside cover).*

*All stand in silent prayer.*

**Opening Sentence** Page 75-78

**The Invitatory** ✠ 80

**Venite** (Mon/Wed/Fri) or **Jubilate** (Tue/Sat) 81-83

*One of the Antiphons on pages 80-82 is said and responded to by the People with **Come let us adore him.** The Antiphon is repeated by all at the conclusion of the Invitatory.*

**The Psalter** *posted*

*The Gloria Patri is said at the conclusion of each Psalm.*

Glory to the Father, and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and will be for ever. Amen.

**The First Lesson** (*Remain seated for a period of silence at the conclusion*)

**The Canticles** (*standing*)

Major Feasts	<i>Te Deum</i>	95
Monday	<i>Magna et mirabilia</i>	94
Tuesday	<i>Benedictus es</i>	90
Wednesday	<i>Surge illuminare</i>	87
Thursday	<i>Te Deum</i>	95
Friday	<i>Dignus es</i>	93
Saturday	<i>Benedicite</i>	88

**The Apostles' Creed** (*omitted only on Major Feasts*) 96

**The Prayers** 97-98

**The Lord's Prayer, Suffrages B, and the Collects for Peace and Grace.**

**The Grace** ✠ 102

*The Mass normally follows said Morning Prayer.  
All sit until the Celebrant stands to go to the Altar.*

# THE HOLY EUCHARIST

Items in red are used only on Sundays and Major Feasts

Page numbers refer to the Book of Common Prayer, 1979

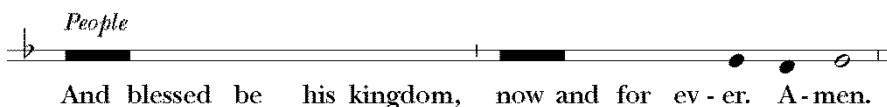
## PREPARATION RITES

*All stand as the Celebrant and assisting ministers come to their places.*

### Opening Acclamation

355

*On Feast days the Acclamation is sung*



### Collect for Purity

Kyrie or *Gloria in Excelsis*

*posted*

**The Collect of the Day** *At the conclusion, the People respond, Amen*

## LITURGY OF THE WORD

### The First Lesson

**Sung Gradual** (*seated; sung by the Choral Scholars*)

### The Second Lesson

**Alleluia** (*sung first by the Cantor, and repeated by the People*)



*On Feast Days the following is sung with an appointed Verse.*



### The Gospel

*Before the Gospel, the People respond, Glory to you, Lord Christ.*

*After the Gospel, the People respond, Praise to you, Lord Christ.*

<b>The Brief Homily</b> ( <i>mornings</i> ) or <b>Sermon</b> ( <i>Solemn Mass &amp; Sundays</i> )	
<b>The Nicene Creed</b> ( <i>Sundays, Major Feasts, and Solemn Mass</i> )	358
<b>Prayers of the People</b> ( <i>standing</i> )	
Sunday	Form I 383
Monday	Form II 385
Tuesday	Form III 387
Wednesday	Form IV 388
Thursday	Form IV 388
Friday	Form V 389
Saturday	Form VI 392
<b>The Confession</b> ( <i>kneeling</i> )	360
<b>Peace</b> ( <i>standing</i> )	360

### THE HOLY EUCHARIST

<b>Offertory Sentence</b> or <b>Sung Offertory</b>	
<b>Offertory Hymn</b>	<i>posted</i>
<b>The Great Thanksgiving</b>	
<i>Sanctus</i> and <i>Benedictus qui venit</i>	<i>posted/362</i>
<b>Eucharistic Prayer</b> ( <i>kneeling</i> )	
Prayer A – p. 361	Prayer C – p. 369
Prayer B – p. 367	Prayer D – p. 372

### COMMUNION DEVOTIONS

<b>The Lord’s Prayer</b> ( <i>kneeling; sung on Feast Days</i> )	364/ S-119
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<b>Fraction Anthem</b> ( <i>all respond, on Feast days, the response is sung</i> )	364
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Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;

There - fore let us keep the feast. Al - le - lu - ia.

Lamb of God, you take away the sins of the world:  
*Have mercy on us (2 times)      Grant us peace (3<sup>rd</sup> time)*

**The Invitation**

365

*All baptized Christians who receive the Eucharist in their home churches, who come in penitence seeking the Body and Blood of Christ, are welcome to receive.*

*The Sacrament is celebrated using wheat bread and fermented grape wine.*

*If you are unable to receive either for any reason, the Church has always taught that to receive the Sacrament is one kind is to receive all the benefits of the Sacrament. If you do not wish to receive the Sacrament for any reason, you may cross your arms and receive a blessing from the priest. If you are not receiving only one of the elements, simply cross your right arm over your chest.*

*You may stand or kneel (on the top step) to receive Communion. The consecrated Bread is received in the hand, right hand placed on top of the left. To receive the consecrated Wine, grasp only the base of the chalice and guide it to your lips. If for any reason you require the sacrament to be brought to you in your seat, please inform the sacristan on duty.*

*The Sacrament is not administered by intinction.*

**CONCLUDING RITES**

**The Post-Communion Prayer and Blessing (kneeling)**

365-66

**Dismissal (standing)**

366

*On Feast days, the response is sung*

People

Thanks be to God.

The musical notation consists of a single staff with a treble clef and a key signature of one flat (B-flat). The melody is written on a four-line staff. It begins with a quarter note on G4, followed by a quarter note on A4, a quarter note on B4, a quarter note on C5, a quarter note on B4, a quarter note on A4, and a quarter note on G4. The notes are connected by a slur. Below the staff, the words 'Thanks be to God.' are written, with the notes aligned under the words: 'Thanks' under G, 'be' under A, 'to' under B, and 'God.' under C.

*It is customary to remain in one's stall until the Dean and Faculty have exited.*

## EVENING PRAYER (*Thur—Sun*)

*Page numbers refer to the Book of Common Prayer, 1979*

*The liturgy begins with the ringing of the Angelus (inside cover).*

*All stand in silent prayer.*

<b>Opening Sentence</b>	75-78 & 115-16
<b>The Invitatory ☩</b>	117
<b><i>Phos hilaron</i></b>	118
<b>The Psalter</b> ( <i>see page 15 for more on how the Psalms are said</i> )	<i>posted</i>
<i>The Gloria Patri is said at the conclusion of <u>each</u> Psalm.</i>	
Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be for ever. Amen.	
<b>The First Lesson</b>	
<i>Remain seated for a period of silent meditation at the conclusion</i>	
<b>The Cantic – Magnificat ☩</b>	119
<b>*The Second Lesson</b>	
<i>Remain seated for a period of silent meditation at the conclusion</i>	
<b>*The Cantic – Nunc dimittis ☩</b>	120
<b>*The Apostles' Creed</b> ( <i>omitted on Sundays</i> )	120
<b>The Prayers</b>	121
<b>The Lord's Prayer, Suffrages A, *the Collect of the Day, and the Collects for Peace and Aid Against Perils.</b>	
<i>Additional intercessions may be added when the Eucharist does not follow the Office.</i>	
<b>*Prayer of St. John Chrysostom</b>	120
<b>The Grace ☩</b>	120

*\*These items are omitted when the Mass follows directly*

## EVENSONG (*Monday—Wednesday*)

&

## MATINS (*Thursdays*)

*BCP refers to the Book of Common Prayer, 1979*

*Posted hymn numbers refer to The Hymnal, 1982 (blue cover)*

## THE INVITATORY AND PSALTER

*The liturgy begins with the ringing of the Angelus (inside cover).*

*All stand in silent prayer*

### Opening Sentence

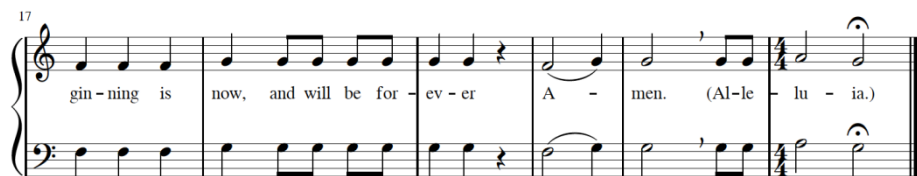
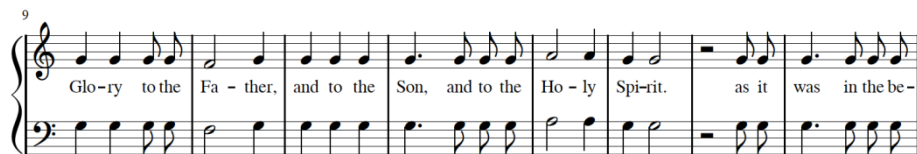
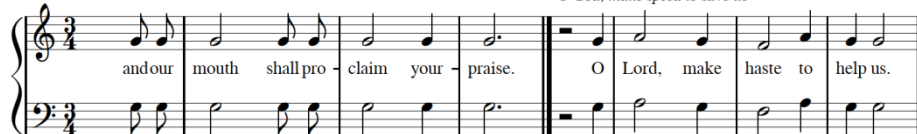
75-78 & 115-16

### Opening Versicles and Responses

80, 117

Officiant: *Lord, open our lips*

*O God, make speed to save us*



### Phos Hilaron or Invitatory Psalm or Hymn

p. 13 or *posted*

### The Psalter (*standing*)

*posted*

*The music comes from The Nashotah House Plainsong Psalter except on Wednesdays when they are sung to Anglican Chant. The Cantor chants the first half of the verse, the People respond with the second half. The Gospel/Cantor/side sings the even numbered verses, and the Epistle/Decani/side sings the odd numbered verses. The Gloria Patri is chanted at the conclusion of each Psalm.*



## THE LESSONS

### The First Lesson (*seated*)

*Remain seated for a period of silent meditation at the conclusion*

**Canticle** (*standing*)

*posted*

### The Second Lesson (*seated*)

*Remain seated for a period of silent meditation at the conclusion*

**Canticle** (*standing*)

*posted*

### The Apostles' Creed (*standing*)

96, 120

*I believe in God, the Father almighty,  
creator of heaven and earth.*

*I believe in Jesus Christ, his only Son, our Lord.*

*He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.*

*He suffered under Pontius Pilate,  
was crucified, died, and was buried.*

*He descended to the dead.*

*On the third day he rose again.*

*He ascended into heaven,  
and is seated at the right hand of the Father.*

*He will come again to judge the living and the dead.*

*I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. ✠ A-men.*

## THE PRAYERS

*All kneel after the Officiant chants, "Let us pray."*

*The Lord be with you* *And also with you*

*Let us pray*

Lord, have mer - cy, Christ, have mer - cy, Lord, have mer - cy.

Our Father, who art in heaven,  
 hallowed be thy Name,  
 thy kingdom come,  
 thy will be done, on earth as it is in heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses,  
 as we forgive those who trespass against us.  
 And lead us not into temptation, but deliver us from evil.  
 For thine is the kingdom, and the power, and the glory,  
 for ever and ever. A-men.

# Suffrages A (at Evensong, M-W)

121

29 *Show us your mercy, O Lord;* *Clothe your ministers with righteousness;*

And grant us your sal - va - tion. Let your peo - ple sing with joy

34 *Give peace, O Lord, in all the world;* *Lord, keep this nation under your care;*

For on - ly in you can we live in safe - ty. And guide us in the way of jus - tice and truth

41 *Let your way be known upon earth;* *Let not the needy, O Lord, be forgotten;*

Your sav - ing health a - mong all na - tions. Nor the hope of the poor be ta - ken a - way.

*Create in us clean hearts, O God;*

And sus - tain us with your Ho - ly Spi - rit.

Suffrages B (at Matins, Thursdays)

23    *Officiant: Save your people...*                      *Day by day we bless you;*

Go - vernand up - hold them, now and al - ways. We praise your name for - ev - er.

28    *Lord, keep us from all sin today;*                      *Lord, show us your love and mercy;*

Have mer - cy on us, Lord, have mer - cy. For we put our trust in you.

34    *In you, Lord, is our hope;*

And we shall ne - ver hope in vain.

The Officiant then chants the **Collect of the Day**, the **Collect for Peace and Grace at Matins**, and the **Collect for Peace and Aid Against Perils at Evenson**g.

37

A - men. A - men. A men.

Intercessions are then offered, which conclude with the Prayer for Nashotah House (see back page).

**Office Hymn** (standing) posted

On occasion, a sermon may be given

## General Thanksgiving

101, 125

*Said at every Matins, but only on **Major Feasts at Evensong***

*Almighty God, Father of all mercies,*

**we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.**

**We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.**

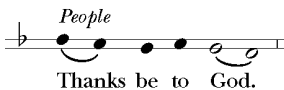
**And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages.**

**Amen.**

*If the General Thanksgiving is not said, the Officiant says the Prayer of St.  
John Chrysostom.*

## Dismissal and Grace

102, 126



*The Officiant then chants a verse from Scripture, the Congregation responds on a single note **Amen** and makes the ✠ Sign of the Cross.*

*On Monday—Wednesday during term time, the student body processes to the Chapter Room for the Chapter Meeting, a brief time of announcements and other community business dating to the monastic houses of the Middle Ages.*

*On Thursday morning, all sit for the weekly music rehearsal*

## Phos hilaron

Geoffrey Williams



O gracious light;  
pure brightness of the everliving /Father · in/ *heaven*,  
O Jesus Christ, /ho/ly and/ blessed!

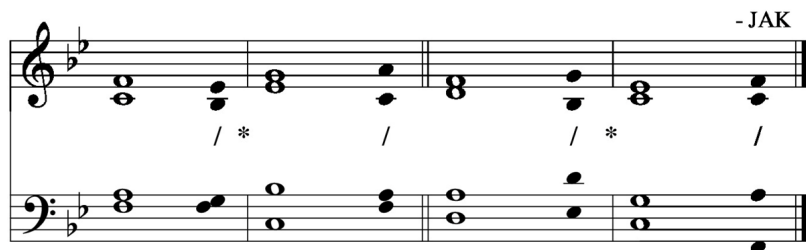
Now as we come to the /setting of ·the/ *sun*,  
and our eyes be/hold the/ vesper/ light,

We sing your /praises, ·O/ *God*:  
Father, /Son, and/ Holy/ Spirit.

You are worthy at /all /times  
to be /praised by /happy/ voices,

O Son of God, O /Giver · of /*Life*,  
and to be /glorified · through/all the/ worlds.

## Phos hilaron



O gracious **light**,  
pure brightness of the everliving Father in **heaven**,  
O Jesus **Christ**, holy and **blessed**!

Now as we come to the setting of the **sun**,  
and our eyes behold the vesper **light**,  
we sing your praises, O **God**: Father, Son, and Holy **Spirit**.

You are worthy at all times to be praised by happy **voices**,  
O Son of God, O Giver of **Life**,  
and to be **glorified** through all the **worlds**.

***Magnificat and Nunc dimittis* (Rite II – plainsong)**

Tone VII.1



(Cantor) *My soul proclaims the greatness of the Lord,  
my spirit rejoices in **God** my **Savior**; \**  
*(All) for he has looked with favor on his **lowly servant**.*  
From this day all generations will **call** me **blessed**: \*  
the Almighty has done great things for me,  
and **holy** is his *Name*.  
He has mercy on **those** who **fear** him \*  
in every **generation**.  
He has shown the **strength** of **his** arm, \*  
he has scattered the **proud** in **their** conceit.  
He has cast down the **mighty** **from** their thrones, \*  
and has lifted **up** the **lowly**.  
He has filled the **hungry** with **good** things, \*  
and the rich he has **sent** away **empty**.  
He has come to the help of his **servant** **Israel**, \*  
for he has remembered his **promise** of **mercy**,  
The promise he made **to** our **fathers**, \*  
to Abraham and his **children** for **ever**.  
Glory to the **Father**, and **to** the Son,  
and to the **Holy Spirit**: \*  
as it was in the **beginning**, **is** now,  
and will be for **ever**. **Amen**.

Tone VI



(Cantor) Lord, *you* now have set your **servant free** \*  
 (*All*) to go in peace as **you** *have* **promised**;  
 For these eyes of mine have seen **the Savior**, \*  
 whom you have prepared for **all the world** to see:  
 A Light to enlighten **the nations**, \*  
 and the glory of your **people Israel**.  
 Glory to the Father, **and** to the **Son**,  
 and to the **Holy Spirit**: \*  
 as it was in the beginning, is **now**,  
 and will be for **ever**. **Amen**.



# THE PRAYER FOR NASHOTAH HOUSE

## **Bless, O Lord, this House,**

set apart to the glory of thy great name  
and the benefit of thy Holy Church;  
and grant that thy Name may be worshipped here  
in truth and purity to all generations.  
Give thy grace and wisdom to all the authorities,  
that they may exercise holy discipline,  
and be themselves patterns of holiness, simplicity, and self-denial.

Bless all who may be trained here;  
take from them all pride, vanity, and self-conceit,  
and give them true humility and self-abasement.  
Enlighten their minds, subdue their wills, purify their hearts,  
and so penetrate them with thy Spirit and fill them with thy love,  
that they may go forth animated with earnest zeal for thy glory;  
and may thine ever-living Word so dwell within their hearts,  
that they may speak with that resistless energy of love  
which shall melt the hearts of sinners to the love of thee.

Open, O Lord, the hearts and hands of thy people,  
that they may be ready to give and glad to distribute to our necessities.

Bless the founders and benefactors of this House,  
and recompense them with the riches of thy everlasting kingdom,  
for Jesus' sake. Amen.



### **Weekly Schedule - All Services open to the Public**

	<u>Morning</u>	<u>Evening</u>
Sunday	<i>(students worship at local parishes)</i>	4:30 Evening Prayer & Mass
Monday—Saturday	7:45 Morning Prayer & Mass	4:30 Evening Prayer
Wednesday (in term only)		5:00 Benediction of the Blessed Sacrament
Thursday (in term only)	7:45 Matins	4:30 Evening Prayer 5:00 Solemn Mass

*During Term Time, the Eucharist is sung Monday-Friday, Evensong is sung Monday-Wednesday, and Matins is sung on Thursdays. Outside of term, all liturgies are said.*

**Dr. Geoffrey Williams – Director of St. Mary's Chapel**

*revised 10-09-2023*